



Here are some of the resources and books you might like to read at home to celebrate your family's cultures.

Korean Culture

[Bee-Bim Bop|Books Read Aloud|StorytimeWithMsMelange](#)

Bee-bim bop ("mix-mix rice") is a traditional Korean dish. In bouncy rhyming text, a hungry child tells of helping her mother make bee-bim bop: shopping, preparing ingredients, setting the table, and sitting down to enjoy a favorite meal. The enthusiasm of the narrator is conveyed in the whimsical illustrations, which bring details from the artist's childhood in Korea to his depiction of a modern Korean-American family. The book includes Linda Sue's own bee-bim bop recipe!

Here's a link to the recipe: [Bee-bim Bop! - Bee-bim Bop \("mixed rice"\)](#)

Jewish Culture

[My First Passover by Tomie dePaola](#) This is a read aloud of the classic book by Tomie dePaola (Strega Nona). There are also a litany of videos you can find online about Passover that are age appropriate- just do a quick google search.

Islamic Culture

[It's Ramadan, Curious George by H. A. Rey and Hena Khan](#) This is a great book for young ones to learn about this holy month for practicing Muslims. The original printing of this book did not come this way, but in this read aloud, the characters' eyes have been blocked out. Don't be alarmed! Devout Muslims (few in the US) practice what's called [aniconism](#) and it's actually the reason why there has historically been a lot of [amazing art](#) that comes from the Middle East/Islamic cultures.

Sri Lankan and Indian Culture

[Hot, Hot Roti for Dada-Ji by Farhana Zia](#) This is the lovely book Mr. Abdalah read aloud during our morning meeting on April 14. The book is set in India and is the story of a boy, named Aneel, who helps his grandfather make roti to bring his "powers" back. Click the link, it will take you to a recording of that day's morning meeting. Scroll ahead to the reading if you'd like, or rewatch the whole thing!

Mexico

[Mr. Abdalah's Breakfast Tacos](#) This is the recording of the closing meeting (Monday, 4/20) when Mr. Abdalah showed us how to cook some yummy breakfast tacos. Follow the recipe or try out your own cool culinary creation!

Dominican Republic

Here are recipes for tostones (twice fried plantains) from a family presentation on their Dominican heritage:

<https://www.dominicancooking.com/301-tostones-flattened-fried-plantains.html>

Italian/Italian-American

[The Story of Toscano Soupy \(Sopressata\)](#) This is a recording of the wonderful presentation, by the Toscano family, during our closing meeting. It is a lovely story of how a long-standing tradition traveled from Acri, Italy, and set roots in Westerly, Rhode Island.

French-Canadian

Mrs. Dolan's French Canadian heritage includes information about how maple syrup is produced in Canada. One of her favorite memories as a kid is her mom's delicious pancakes.

[Thin and Lacy Pancakes Recipe | Food Network Kitchen](#)